




CITY OF
Lincoln
COUNCIL

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Lincoln's ambitious future 

HEALTH

LINCOLN CITY PROFILE

2023-24



HEALTH KEY POINTS

Amongst its nearest neighbours, Lincoln has:

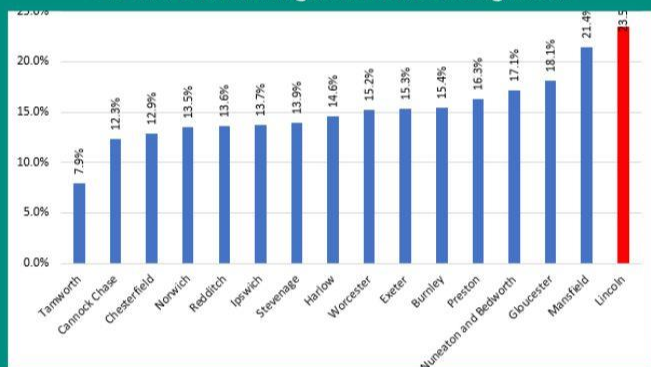
- The **fourth lowest** overall **Healthy People** score
- The **fifth lowest** overall **Healthy Lives** score
- The **second lowest** overall **Healthy Places** score

In 2022, the mortality rate for circulatory diseases under 75 years of age was **95.8 per 100,000** people. This is **significantly higher** than the national rate which was **77.8**

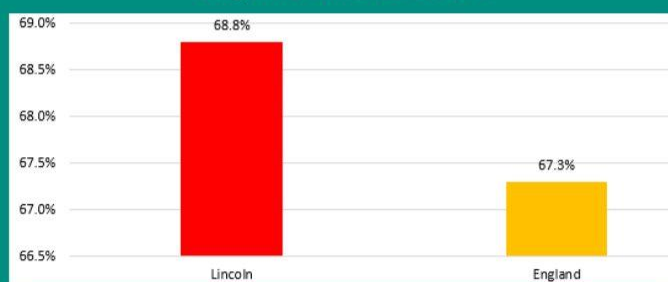
In 2022, Lincolns intentional self-harm rate was **175.1 per 100,000** people. This latest figure was higher than the national rate of **163.7**

Lincoln had the **second lowest** disability score amongst our CIPFA nearest neighbours at **53.5"**

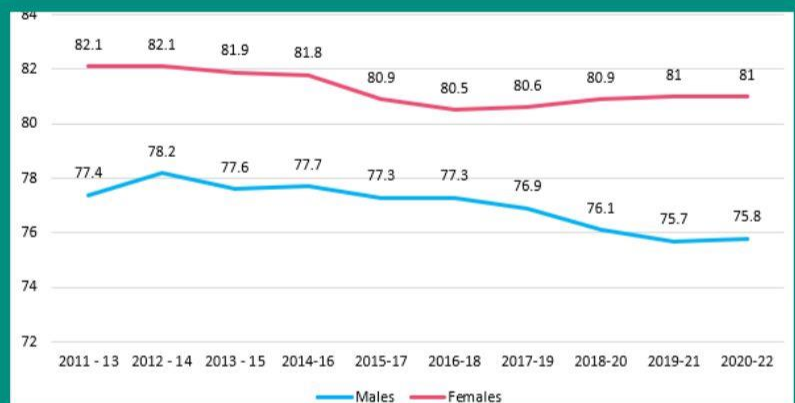
In 2022, Lincoln had the **highest percentage of smokers aged 18 and over** amongst its nearest neighbour



In 2021/22, the percentage of physically active adults in Lincoln was **68.8%**. This is **higher** than the rate for England, which is **67.3%**



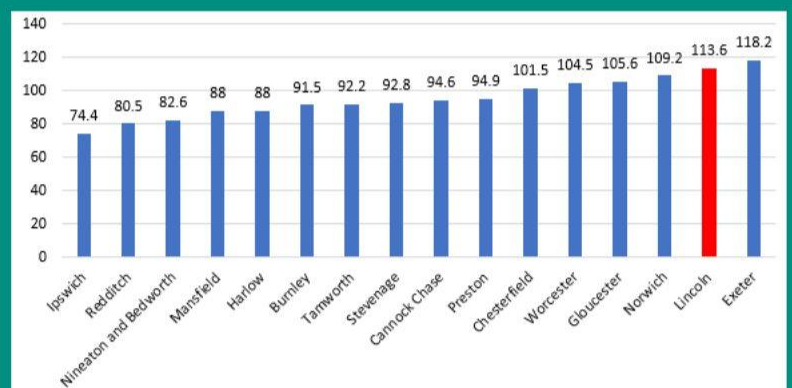
Male vs female life expectancy in Lincoln 2020-2022



Between 2020-2022

- Female life expectancy **increased** to 81.0 years
- Male life expectancy **decreased** to 75.8 years

Lincoln has the **second highest physical activity score** amongst its nearest neighbours at **113.6**



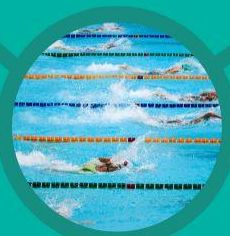
LINCOLN SPORTS FACILITIES

17 Health and Fitness Gyms



64 Grass Pitches

7 Swimming Pools



8 Outdoor Tennis Courts

7 Squash Courts



24 Sports Halls

Where datasets for Health have not been updated since the previous Lincoln City Profile, new measures have been included to report health outcomes across Lincoln. The Health Index for England is a new measure that can be used to understand the health of the nation. It uses a broad definition of health including: health outcomes; health-related behaviours and personal circumstances; and wider determinants of health that relate to the places people live. The Health Index is currently an Experimental Statistic. It aims to summarise a selection of indicators into a single value for the health of an area, which can be tracked over time.

The Health Index has been scaled to a base of 100 for England, with base year of 2015. Values higher than 100 indicate better health than England 2015, and values below 100 indicate worse health. The scale is such for indicators at LTLA level that a score of 110 represents a score one standard deviation higher than England's 2015 score for that same indicator, 120 represents a value two standard deviations higher, and so on. This makes comparisons over time and within a single year simple to understand.

MALE VS FEMALE LIFE EXPECTANCY IN LINCOLN 2020-2022

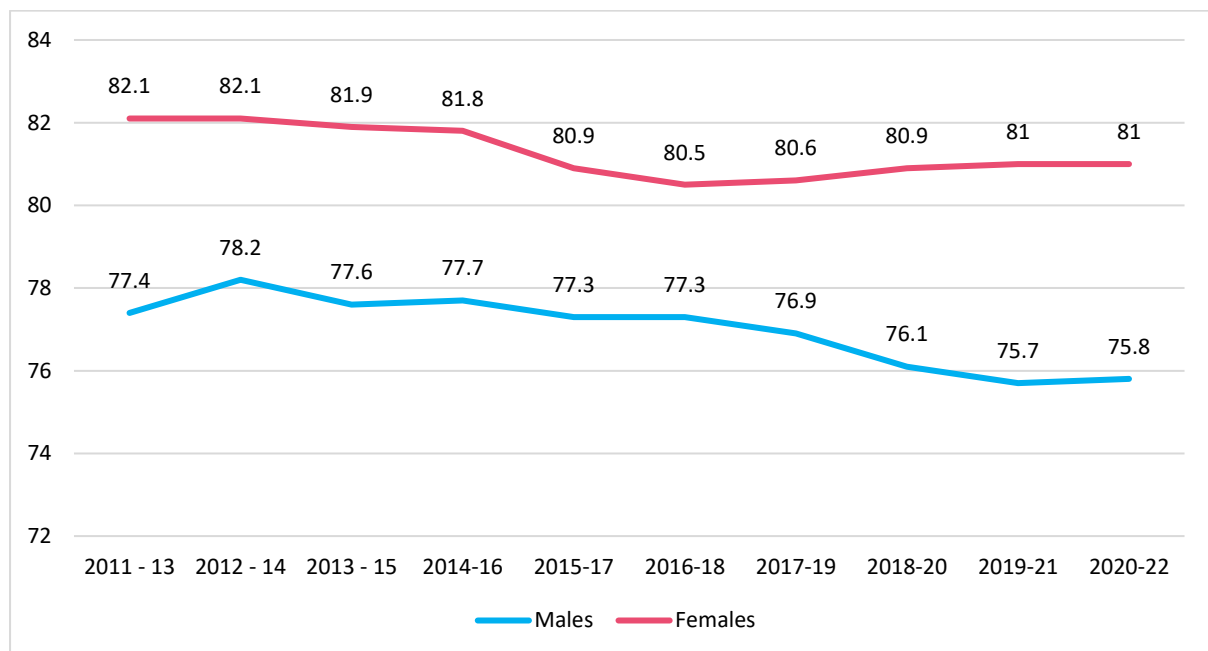


Figure 1

[Source – Public Health Profiles 2024](#)

Figure 1 shows both male and female life expectancy in Lincoln. Female life expectancy has seen a slight increase from 80.9 years between 2018-20 to 81.0 years between 2020-2022, an increase of 0.1 years. However male life expectancy has seen a decrease from 76.1 years between 2018-20 to 75.8 years between 2020-22, a decrease of 0.3 years.

MALE LIFE EXPECTANCY (LINCOLN VS ENGLAND) – 2020-22

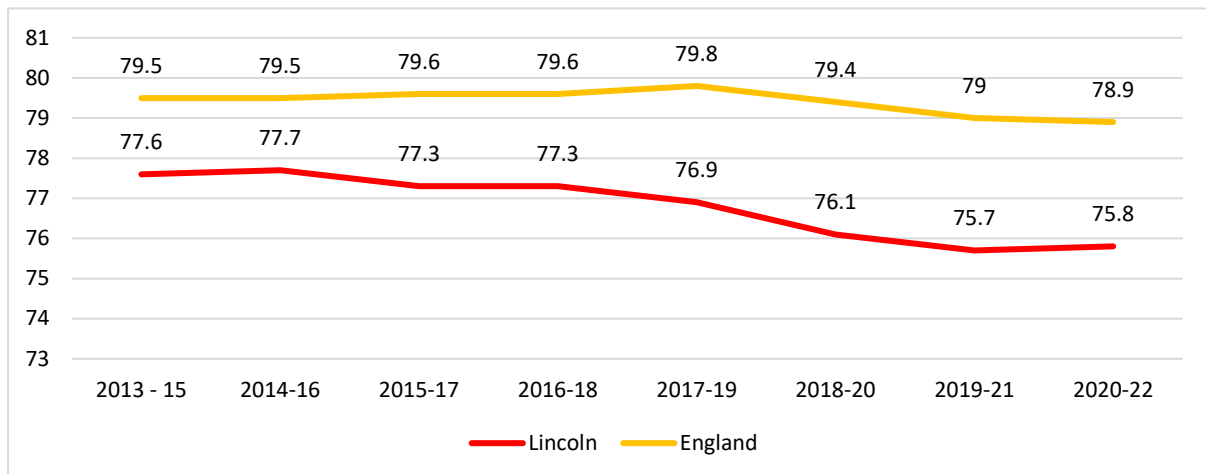


Figure 2

[Source – Public Health Profiles 2024](#)

Figure 2 shows male life expectancy in Lincoln having experienced a further decrease since 2018-20, from 76.1 years to 75.8 years in 2020-22. This has been an ongoing trend since 2014-16, with male life expectancy consistently below the national average (78.9 years).

MALE LIFE EXPECTANCY (LINCOLN VS NEAREST NEIGHBOURS) – 2020-22

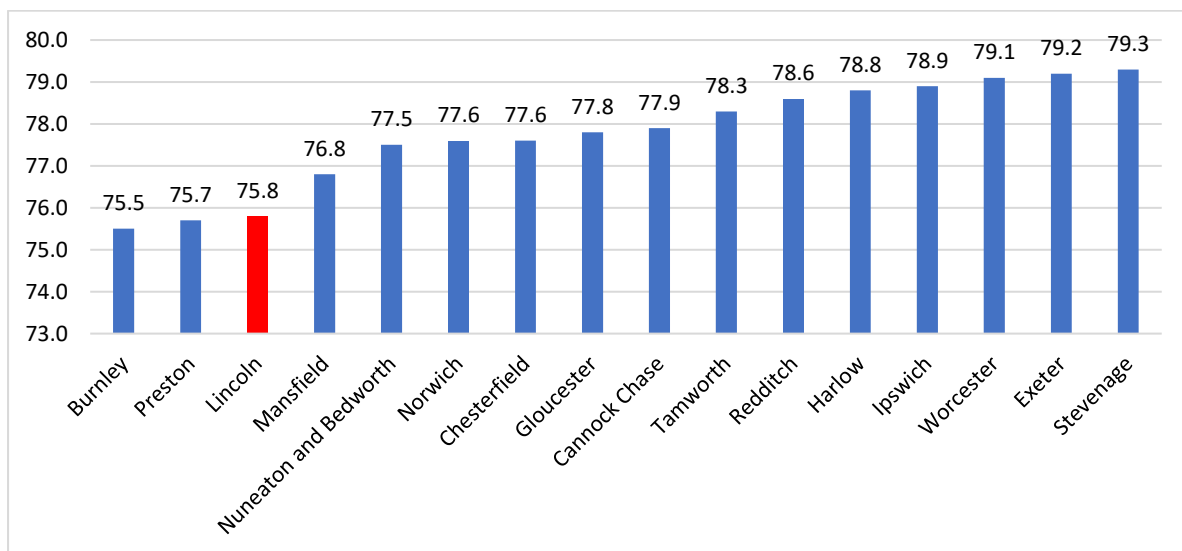


Figure 3

[Source – Public Health Profiles 2024](#)

Figure 3 shows Lincoln had the 3rd lowest average male life expectancy against its CIPFA nearest neighbours between 2020 and 2022, with an average age of 75.8 years. In comparison, Stevenage has the highest average male life expectancy in this group, of 79.3 years, and is the same as the England average.

FEMALE LIFE EXPECTANCY (LINCOLN VS ENGLAND) – 2020-22

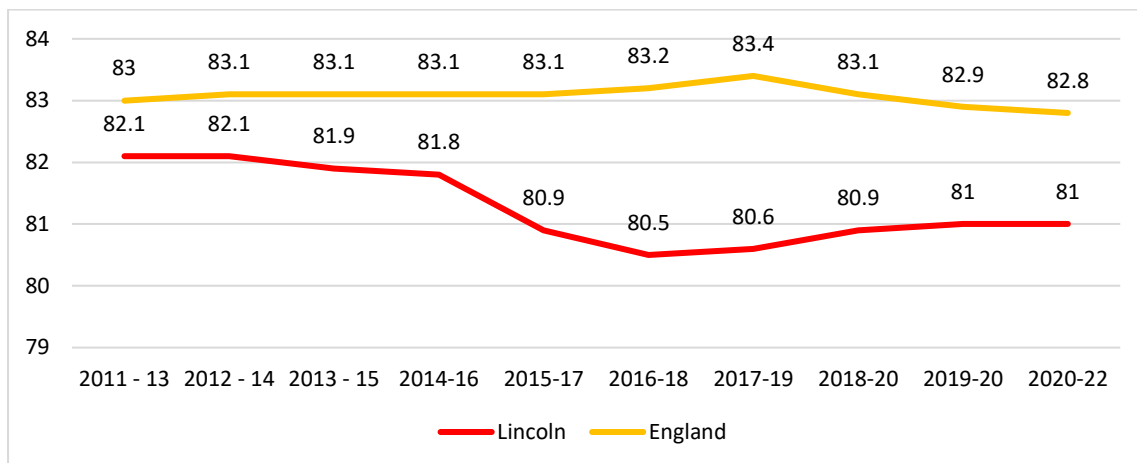


Figure 4

[Source – Public Health Profiles 2024](#)

Figure 4 shows female life expectancy has increased slightly since 2018-20, from 80.9 years to 81.0 years in 2020-22. This latest 2020-22 figure is also lower than the England average, which is 83.2 years.

FEMALE LIFE EXPECTANCY (LINCOLN VS NEAREST NEIGHBOURS) – 2020-22

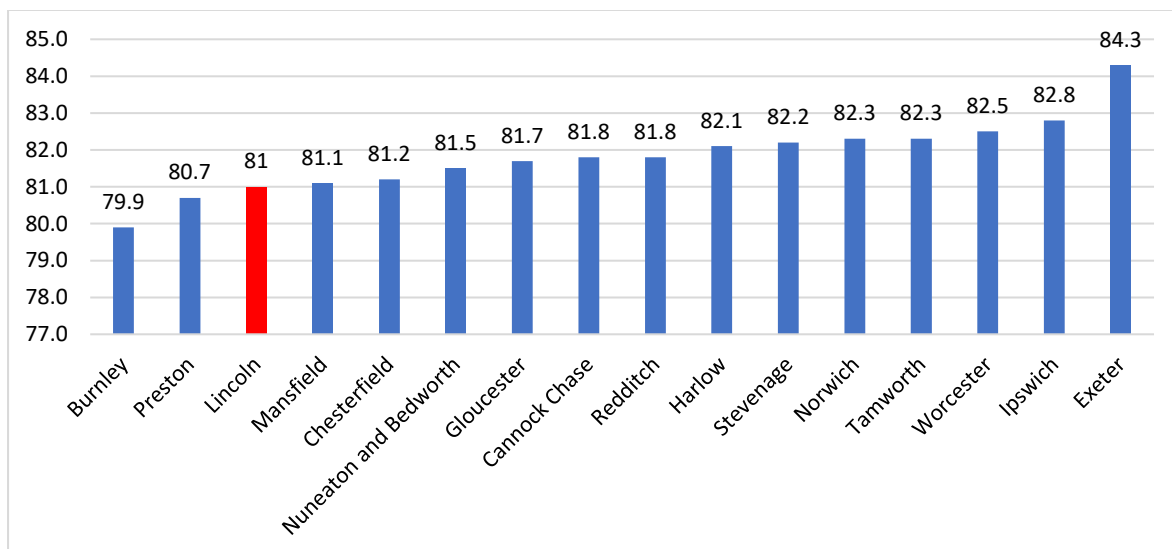


Figure 5

[Source – Public Health Profiles 2024](#)

Figure 5 shows Lincoln has the 3rd lowest female life expectancy in comparison to its nearest neighbours, with an average age of 81.0 years. In contrast, Exeter has the highest average female life expectancy among nearest neighbours, at 84.3 years.

LINCOLN UNDER 75 CANCER MORTALITY RATE PER 100,000 PEOPLE-- (LINCOLN VS ENGLAND) AS OF 2022



Figure 6

[Source – Public Health Profiles 2024](#)

Figure 6 shows Lincoln's under 75 cancer mortality rates in 2022 was 150.7. This latest figure was significantly higher than the rate for England which was 122.4 in 2022.

It is important to note that data cannot be trended for this measure due to a change of how data is collected by Public Health England. It is anticipated this will resume as normal in the 2024/25 version of the profile.

LINCOLN UNDER 75 CANCER MORTALITY RATE – LINCOLN VS NEAREST NEIGHBOURS (PER 100,000 PEOPLE) AS OF 2022

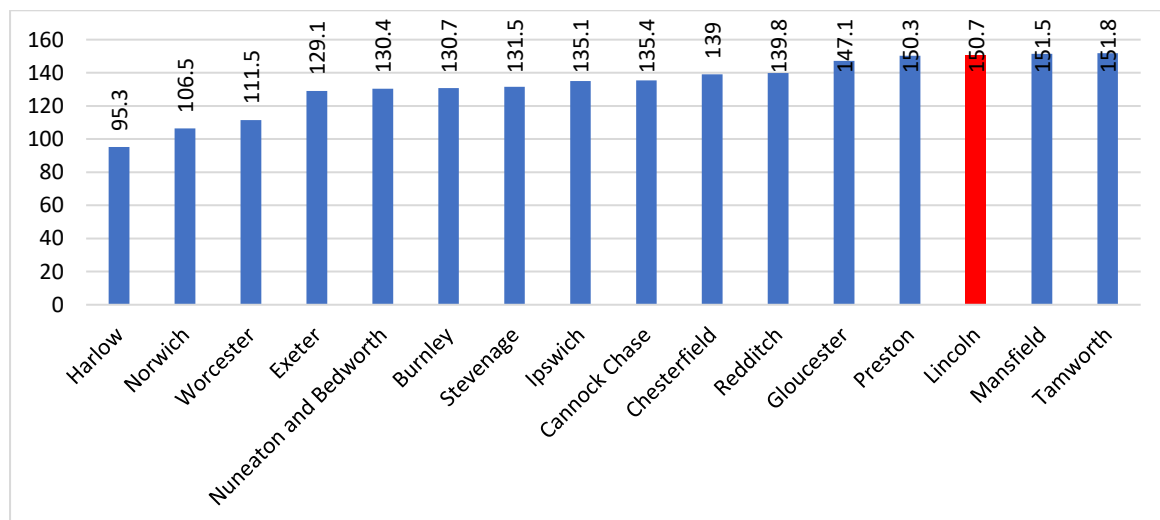


Figure 7

[Source – Public Health Profiles 2024](#)

Figure 7 shows Lincoln has the 3rd highest rate of under 75 cancer mortality rate, when compared with 2022 data related to our nearest neighbours. The Lincoln rate is 150.7 per 100,000, whereas in contrast, Harlow has the lowest rate of cancer under 75 years of age with 95.3 per 100,000.

LINCOLN UNDER 75 CIRCULATORY RELATED DISEASES MORTALITY RATE PER 100,000 PEOPLE (LINCOLN VS ENGLAND) AS OF 2022



Figure 8

[Source – Public Health Profiles 2024](#)

Figure 8 shows the mortality rate for circulatory diseases under 75 years of age in Lincoln in 2022 was 95.8 per 100,000 people. This is significantly higher than the national rate which was 77.8.

Unfortunately, data cannot be trended for this measure, due to a change in how data is now collected by Public Health England. It is anticipated this will resume as normal in next year's City Profile.

LINCOLN UNDER 75 CIRCULATORY RELATED DISEASES MORTALITY RATE PER 100,000 PEOPLE (LINCOLN VS NEAREST NEIGHBOURS) AS OF 2022

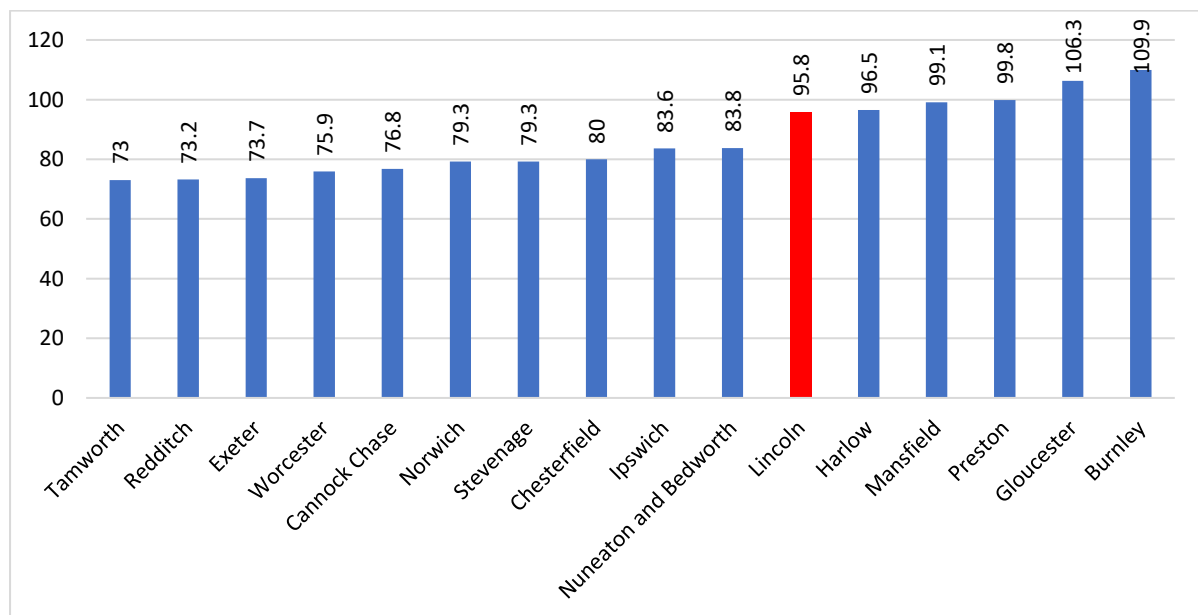


Figure 9

[Source – Public Health Profiles 2024](#)

Figure 9 shows Lincoln, in 2022, having the 6th highest mortality rate for under aged 75 circulatory related diseases, when compared against our nearest neighbours. The Lincoln rate was 95.8 per 100,000, whereas Tamworth had the lowest reported mortality rate at 73.0 per 100,000.

INTENTIONAL SELF HARM RATE PER 100,000 PEOPLE (LINCOLN VS ENGLAND) AS OF 2021/22



Figure 10

[Source – Public Health Profiles 2024](#)

Figure 10 shows Lincoln's intentional self-harm rate in 2022 as 175.1 per 100,000 people. This latest figure was higher than the national rate, which for the same year was 163.7.

Unfortunately, this data cannot be trended for this measure, due to a change in how data is now collected by Public Health England. It is anticipated this will resume as normal in next year's City Profile.

INTENTIONAL SELF HARM RATE PER 100,000 (LINCOLN VS NEAREST NEIGHBOURS) AS OF 2021/22

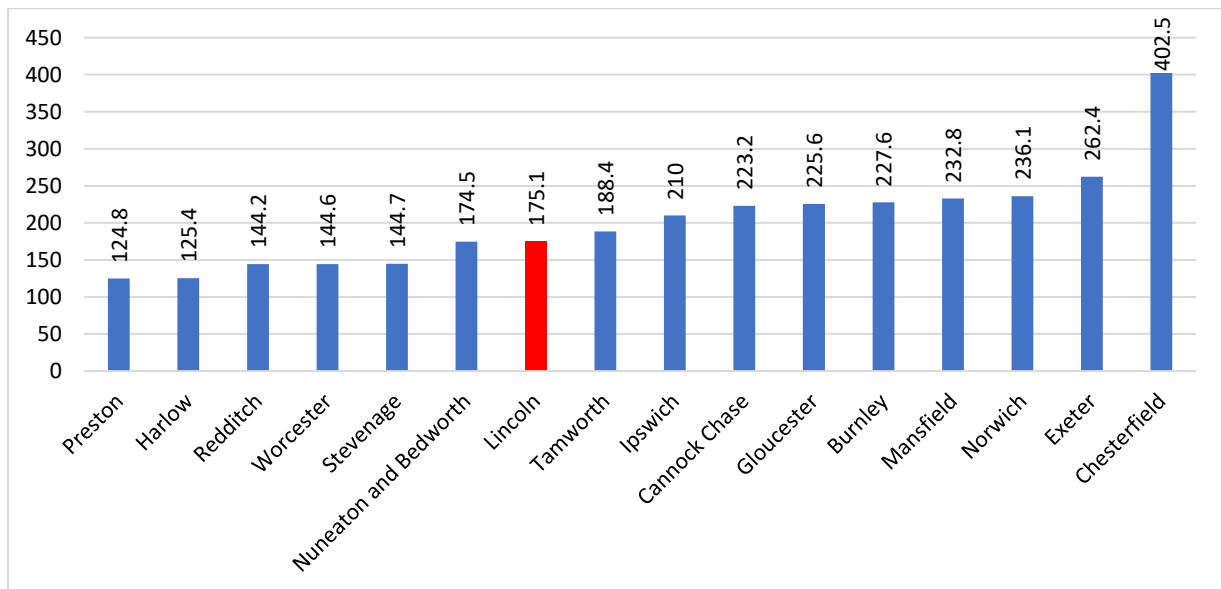


Figure 11

[Source – Public Health Profiles 2024](#)

Figure 11 shows Lincoln had the 7th lowest intentional self-harm rate in 2022 when compared with our nearest neighbours, with a rate of 175.1 per 100,000 people. In comparison, Preston reported the lowest self-harm rate at 124.8.

SMOKING PREVALENCE IN PEOPLE AGED 18 AND OVER (LINCOLN VS ENGLAND) AS OF 2022

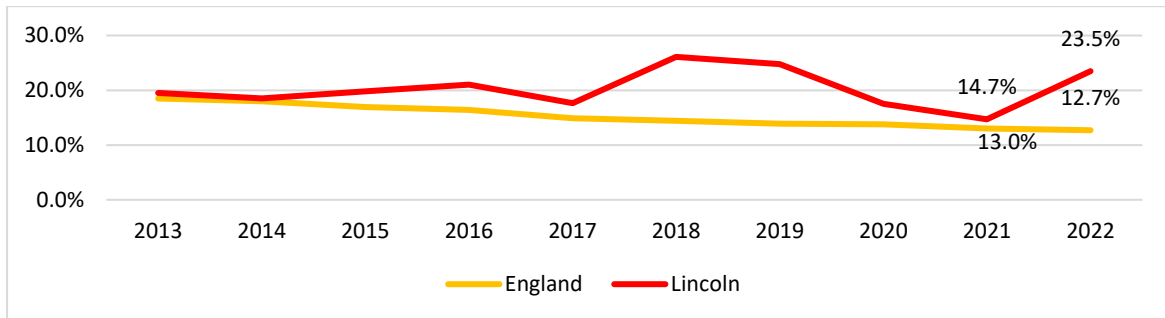


Figure 12

[Source – Public Health Profiles 2024](#)

Figure 12 shows that, despite the drastic decrease in 2021, Lincoln has seen an overall increase in the prevalence of smoking in people aged 18 and over in 2022, at 23.5%. Smoking rates are now much further from the England average of 12.7%.

SMOKING PREVALENCE IN PEOPLE AGED 18 AND OVER (LINCOLN VS NEAREST NEIGHBOURS) AS OF 2022

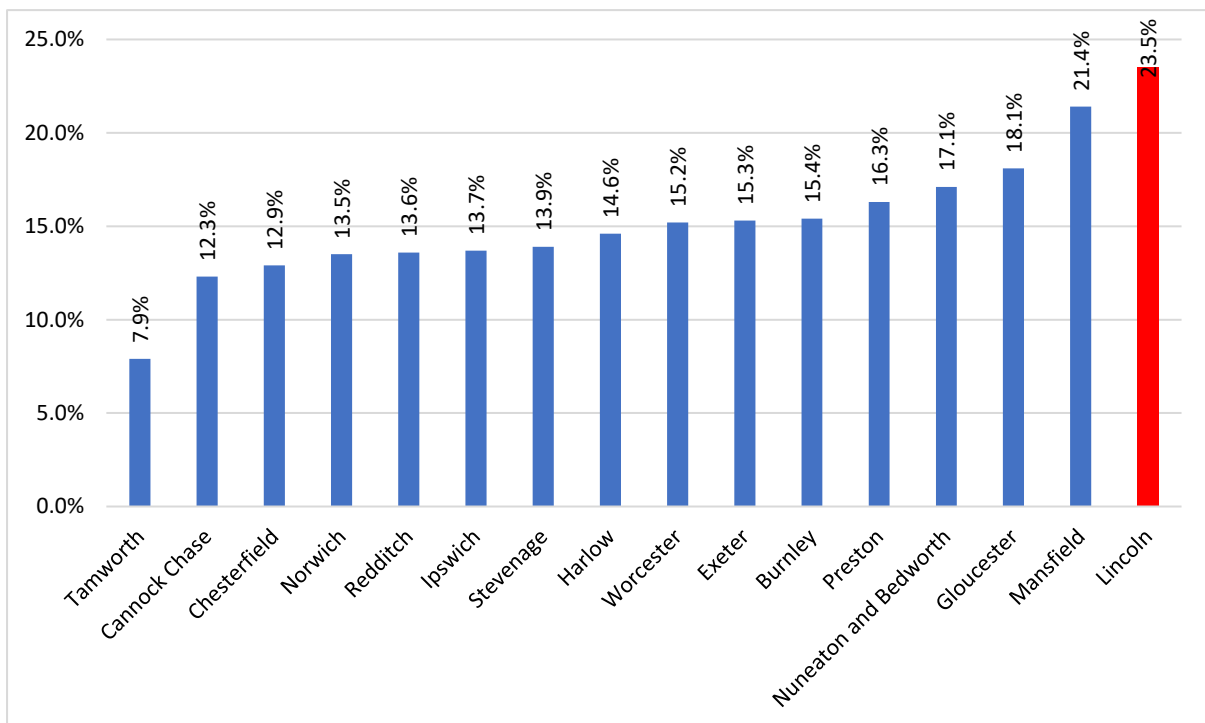


Figure 13

[Source – Public Health Profiles 2024](#)

Figure 13 shows that, in 2022, Lincoln had the highest percentage of smokers amongst its nearest neighbours, at 23.5%. Tamworth had the lowest figure, at 7.9%.

**ADMISSION EPISODES FOR ALCOHOL RELATED CONDITIONS (NARROW)
RATE PER 100,000 PEOPLE (LINCOLN VS ENGLAND) AS OF 2021/22**

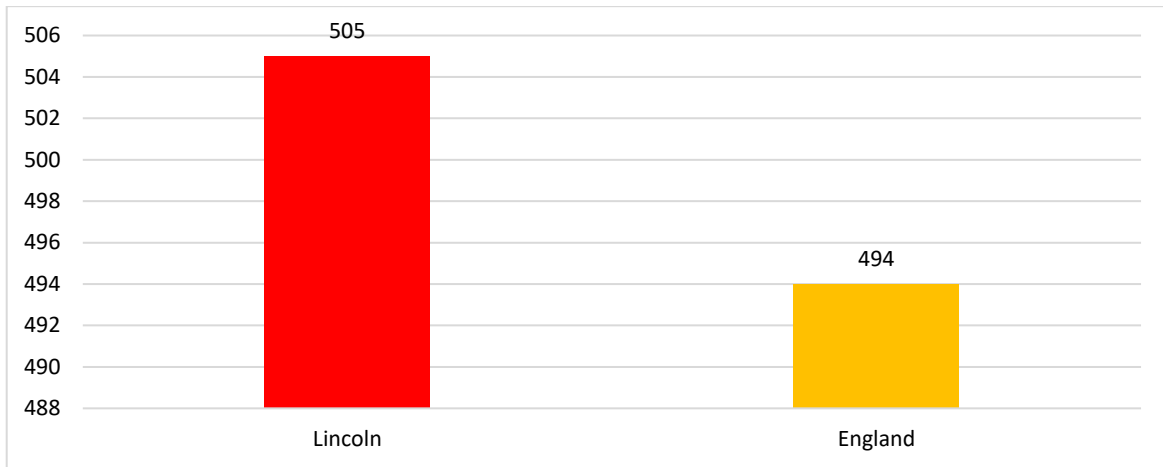


Figure 14

[Source – Public Health Profiles 2024](#)

Figure 14 shows a total of 505 Lincoln admissions for episodes of alcohol related conditions in 2021/22. This is higher than the national rate, which is 494.

Unfortunately, this data cannot be trended for this measure, due to a change in how data is now collected by Public Health England. It is anticipated this will resume as normal in next year's City Profile.

**ADMISSION EPISODES FOR ALCOHOL RELATED CONDITIONS (NARROW)
RATE PER 100,000 PEOPLE (LINCOLN VS NEAREST NEIGHBOURS) AS OF
2021/22**

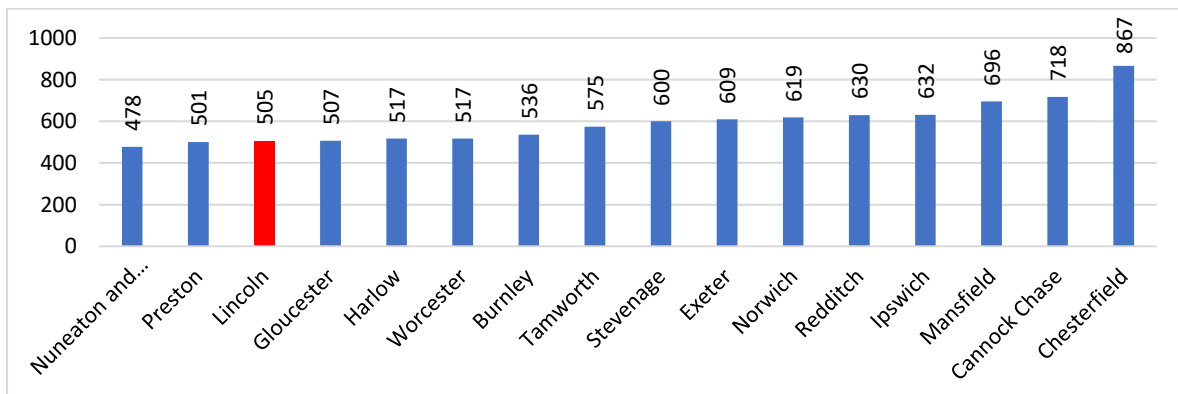


Figure 15

[Source – Public Health Profiles 2024](#)

As shown in Figure 15, in 2021/22 Lincoln had the 3rd lowest rate of admission episodes for alcohol related conditions amongst its nearest neighbours at 505 per 100,000 people. In contrast, Chesterfield had the highest rate (867) and Nuneaton and Bedworth, the lowest (490).

UNDER 18'S CONCEPTION RATE PER 1,000 PEOPLE (LINCOLN VS ENGLAND) AS OF 2021

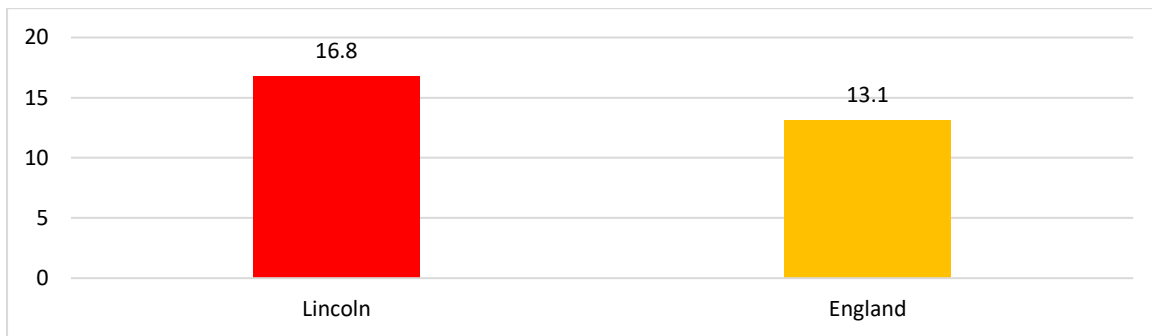


Figure 16

[Source – Public Health Profiles 2024](#)

Figure 16 shows Lincoln's under 18's conception rate in 2021 as having been 16.8 per 1,000 people. This figure was higher than the overall rate for England, which was 13.1.

Unfortunately, this data cannot be trended for this measure, due to a change in how data is now collected by Public Health England. It is anticipated this will resume as normal in next year's City Profile.

UNDER 18'S CONCEPTION RATE PER 1,000 PEOPLE (LINCOLN VS NEAREST NEIGHBOURS) AS OF 2021

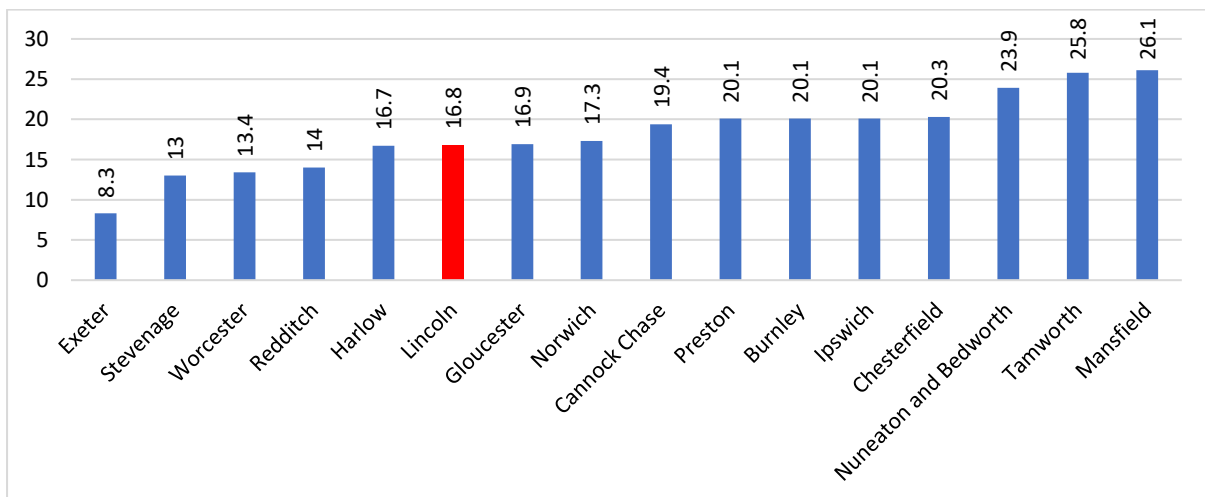


Figure 17

[Source – Public Health Profiles 2024](#)

Figure 17 shows Lincoln having the 6th lowest under 18's conception rate amongst its nearest neighbours in 2021, at 16.8 per 1,000. This is substantially higher than Exeter, with the lowest rate at just 8.3 per 1,000, yet also significantly lower than Mansfield with 26.1 per 1,000 people.

SUICIDE RATE PER 100,000 PEOPLE (LINCOLN VS ENGLAND) AS OF 2020-22

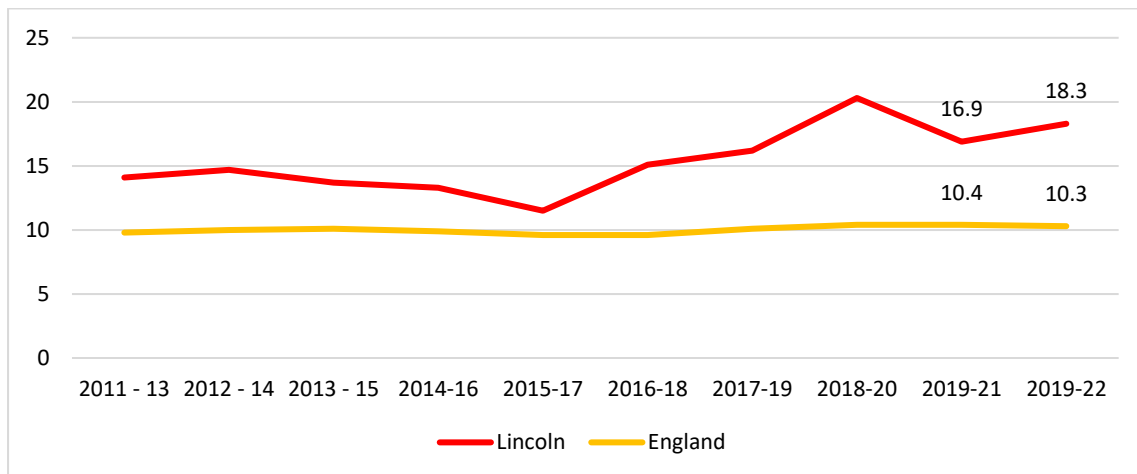


Figure 18

[Source – Public Health Profiles 2024](#)

Figure 18 shows Lincoln's suicide rate in 2020-22 as having been 18.3 per 100,000 people. This figure was considerably higher than the overall rate for England, which was 10.3.

SUICIDE RATE PER 100,000 PEOPLE (LINCOLN VS NEAREST NEIGHBOURS) AS OF 2020-22

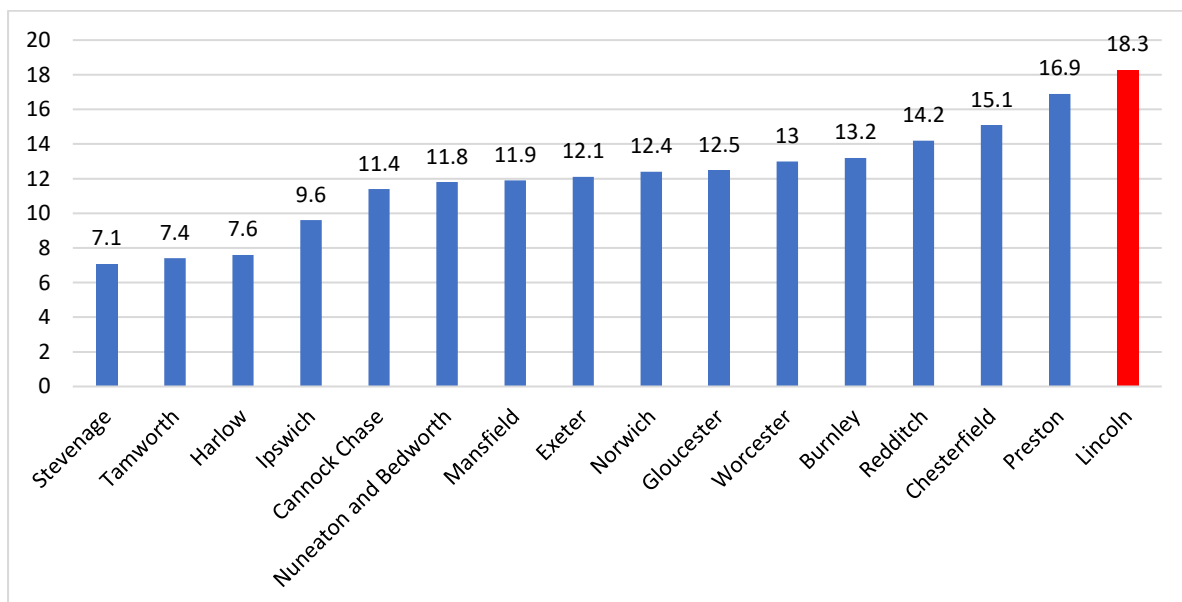


Figure 19

[Source – Public Health Profiles 2024](#)

Figure 19 shows Lincoln having the highest suicide rate amongst its nearest neighbours in 2020-22, at 18.3 per 100,000. This is significantly higher than Stevenage, with the lowest rate at 7.1 per 100,000.

PERCENTAGE OF PHYSICALLY ACTIVE ADULTS (LINCOLN VS ENGLAND) AS OF 2021/22

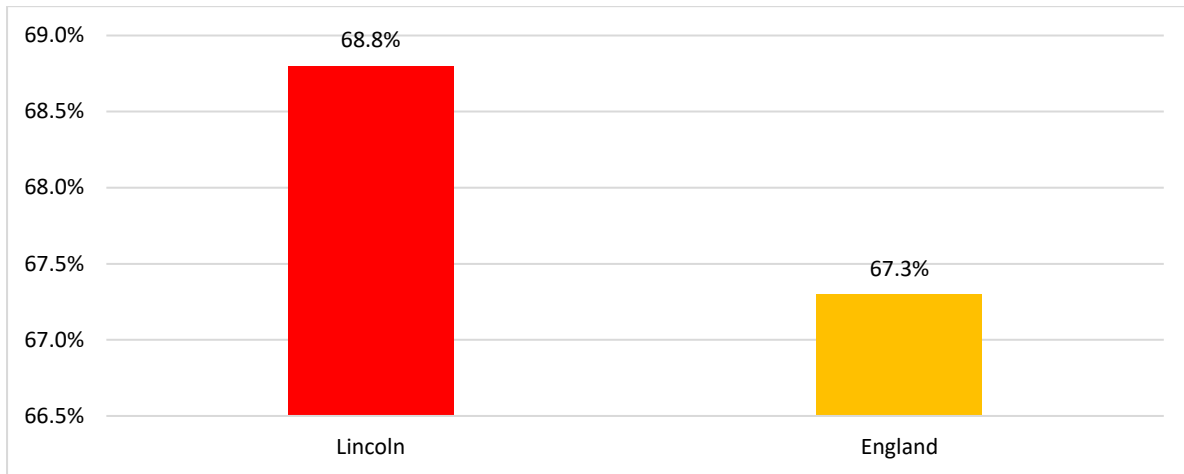


Figure 20

[Source – Public Health Profiles 2024](#)

Figure 20 shows the percentage of physically active adults in Lincoln in 2021/22 was 68.8%. This is higher than the rate for England, which is 67.3%.

Unfortunately, this data cannot be trended for this measure, due to a change in how data is now collected by Public Health England. It is anticipated this will resume as normal in next year's City Profile.

PERCENTAGE OF PHYSICALLY ACTIVE ADULTS (LINCOLN VS NEAREST NEIGHBOURS) AS OF 2021/22

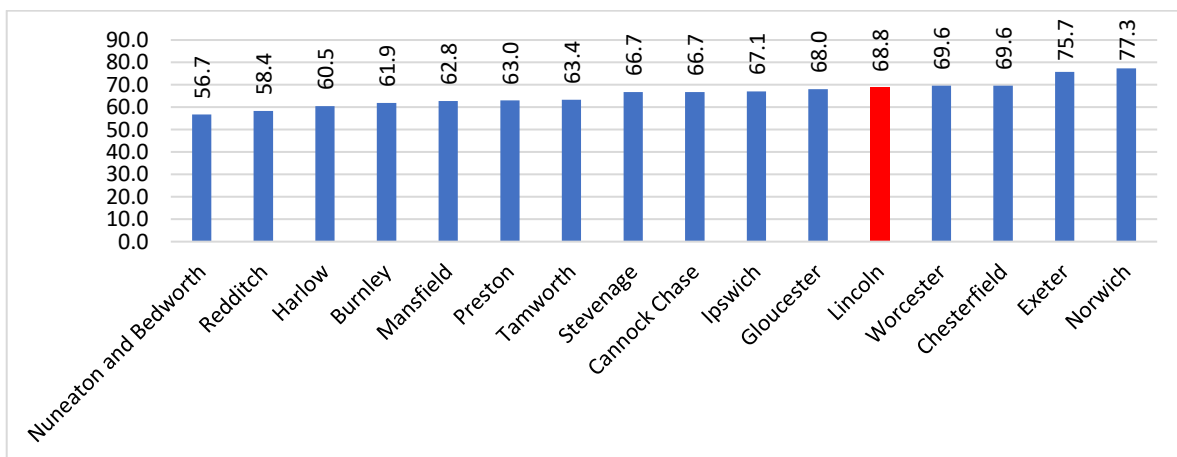


Figure 21

[Source – Public Health Profiles 2023](#)

As shown in Figure 21, in 2021/22 Lincoln had the 5th highest percentage of physically active adults amongst its nearest neighbours (68.8%). Nuneaton and Bedworth had the lowest percentage at just 56.7%.

PERCENTAGE OF ADULTS WITH EXCESS WEIGHT (LINCOLN VS EAST MIDLANDS VS ENGLAND) AS OF 2016 – 2020

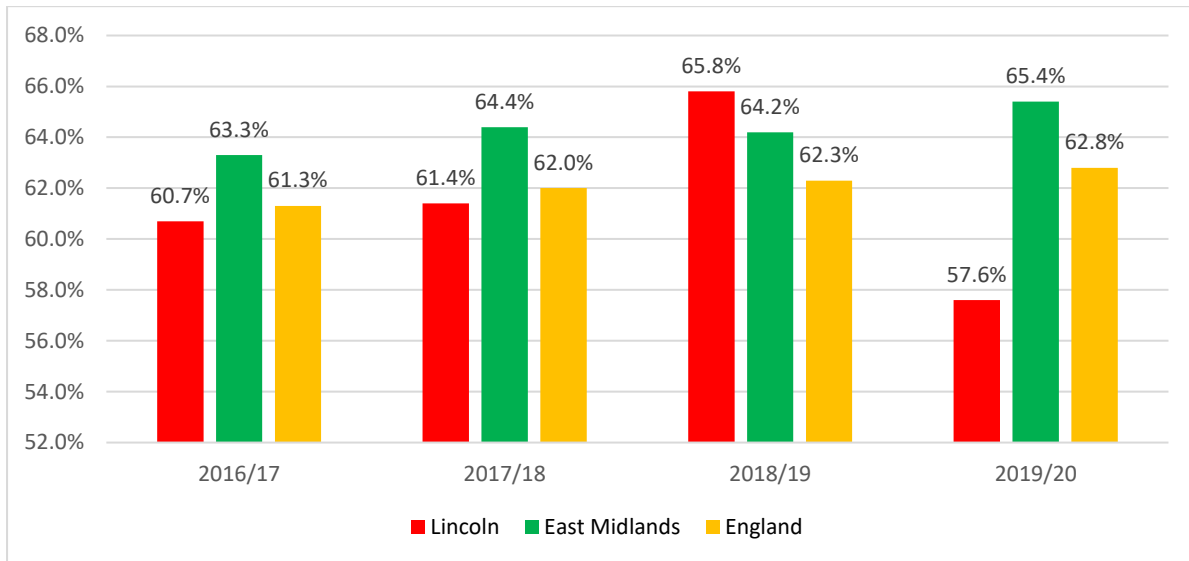


Figure 22

[Source – Public Health Profiles 2024](#)

Figure 22 shows the percentage of adults with excess weight (defined as those who are classified as overweight or obese) in Lincoln in 2019/20 was 57.6%. This is lower than the rate for England which is 62.8% and the East Midlands 65.4%.

HEALTH INDEX: HEALTHY PEOPLE OVERALL (LINCOLN VS NEAREST NEIGHBOURS) AS AT 2021

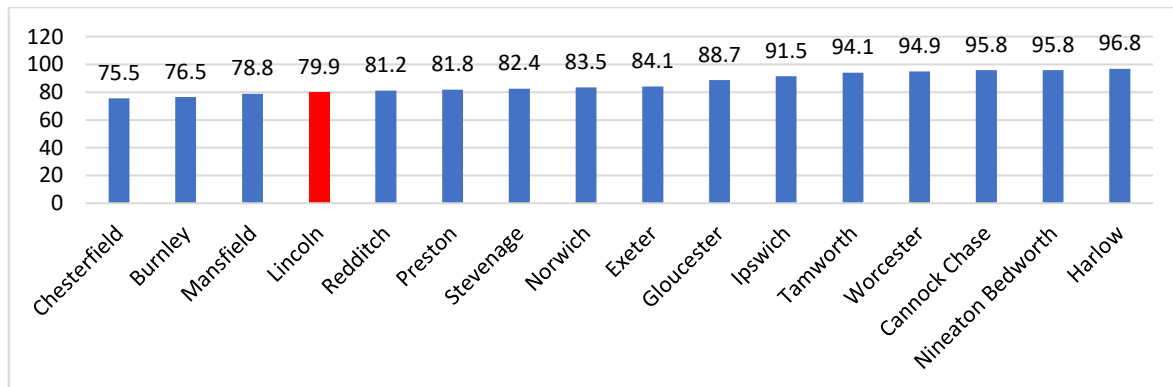


Figure 23

[Source - ONS 2024](#)

Figure 23 shows that Lincoln has the 4th lowest overall Healthy People score amongst its nearest neighbours, at 79.9 when measured against the England average baseline of 100. The highest CIPFA neighbour is Harlow with 96.8.

HEALTH INDEX: HEALTHY LIVES OVERALL (LINCOLN VS NEAREST NEIGHBOURS) AS AT 2021

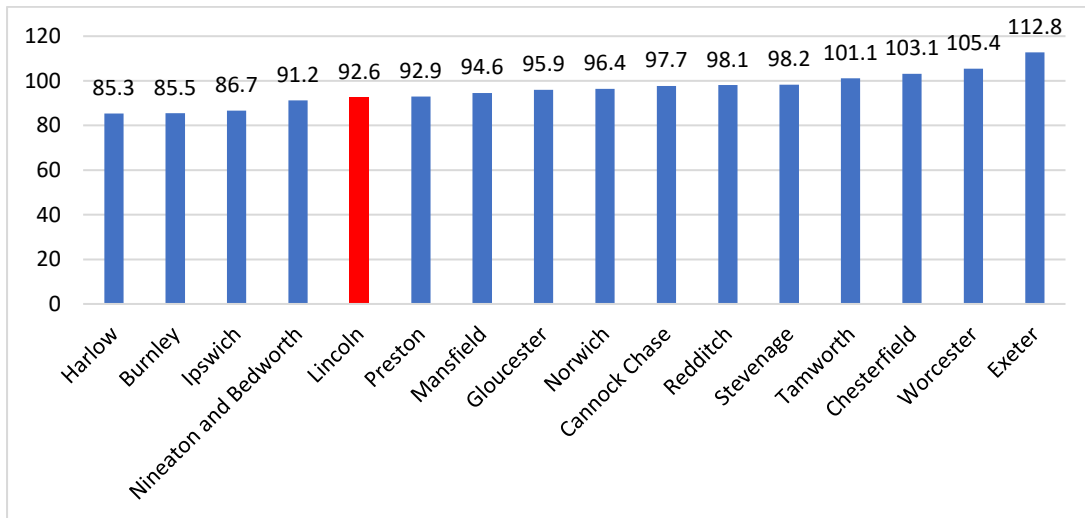


Figure 24

[Source - ONS 2024](#)

Figure 24 shows that Lincoln has the 5th lowest overall Healthy Lives score amongst its nearest neighbours, at 92.6 when measured against the England average baseline of 100. The highest CIPFA neighbour is Exeter with 112.8.

HEALTH INDEX: HEALTHY PLACES OVERALL (LINCOLN VS NEAREST NEIGHBOURS) AS AT 2021

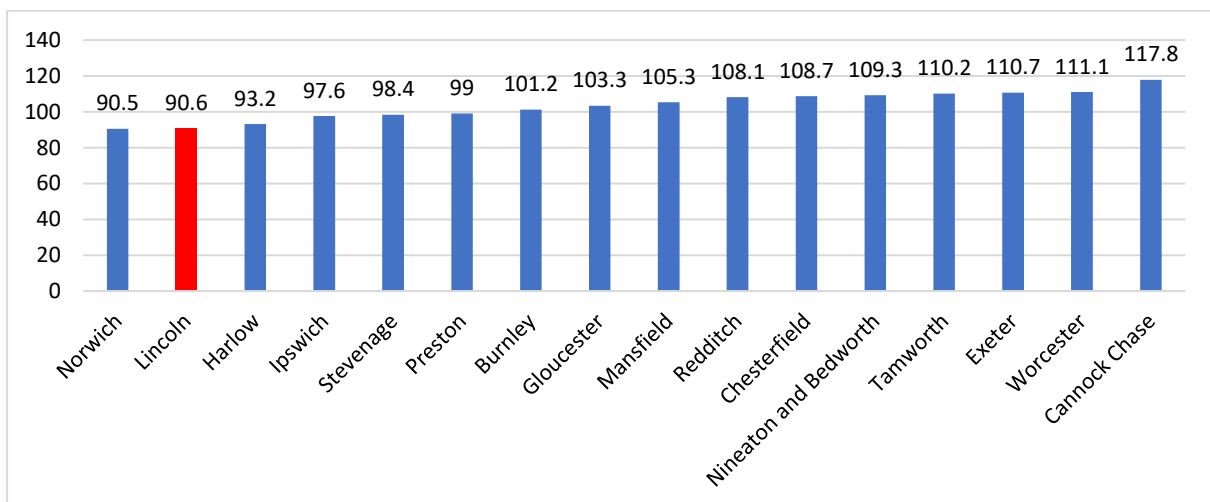


Figure 25

[Source - ONS 2024](#)

Figure 25 shows that Lincoln has the 2nd lowest overall Healthy Places score amongst its nearest neighbours, at 90.6 when measured against the England average baseline of 100. The highest CIPFA neighbour is Cannock Chase with 117.8.

HEALTH INDEX: DEMENTIA RATE (LINCOLN VS NEAREST NEIGHBOURS) AS AT 2021

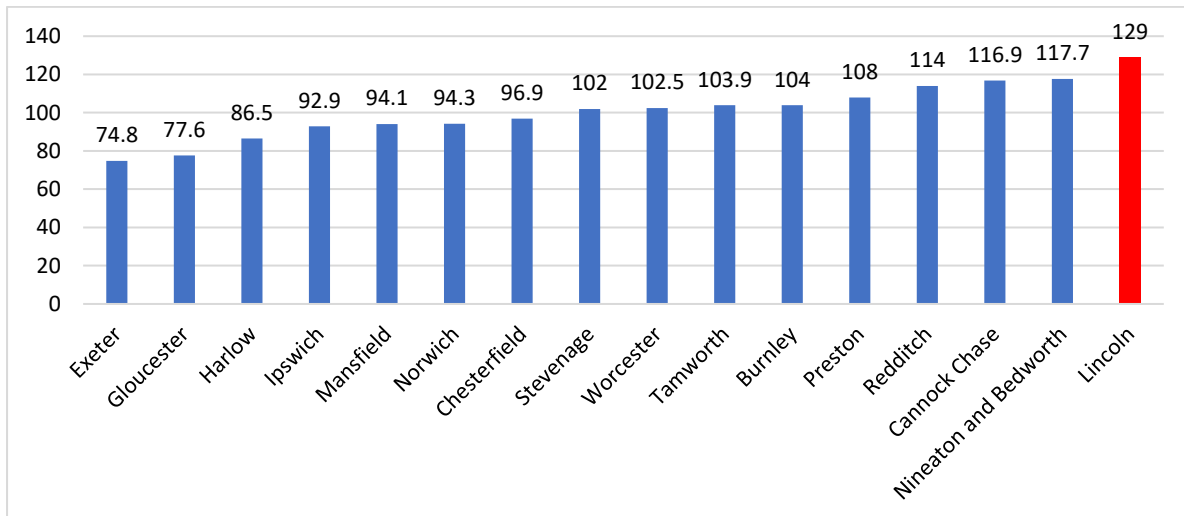


Figure 26

[Source - ONS 2024](#)

Figure 26 shows that Lincoln has the highest performing Dementia rate amongst its nearest neighbours, at 129.0 when measured against the England average baseline of 100. The lowest scoring CIPFA neighbour is Exeter with 74.8.

HEALTH INDEX: HEALTHY EATING (LINCOLN VS NEAREST NEIGHBOURS) AS AT 2021

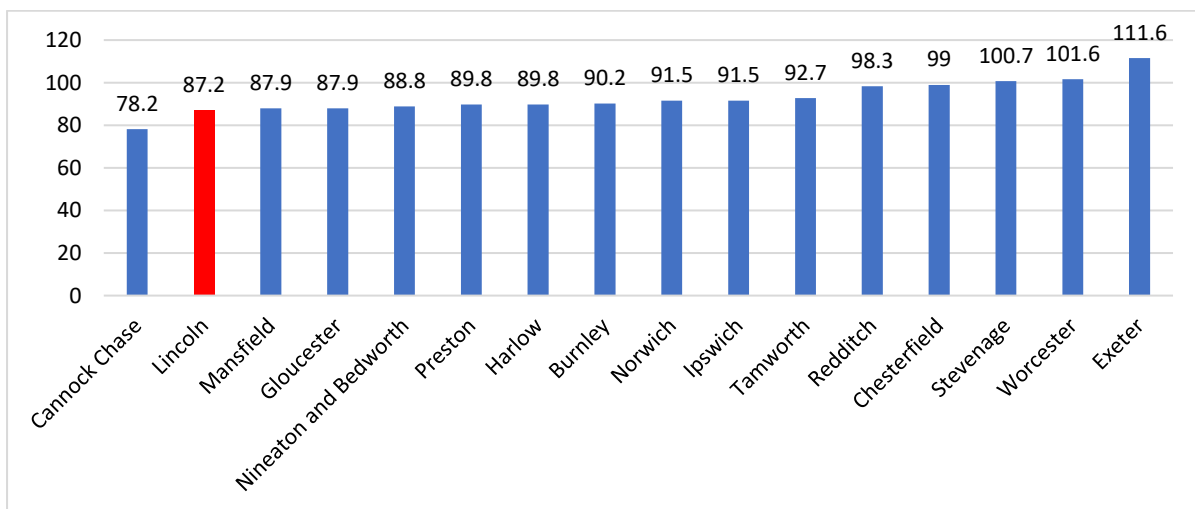


Figure 27

[Source - ONS 2024](#)

Figure 27 shows that Lincoln has the 2nd lowest Healthy eating score amongst its nearest neighbours, at 87.2 when measured against the England average baseline of 100. The highest CIPFA neighbour is Exeter with 111.6.

HEALTH INDEX: PHYSICAL ACTIVITY (LINCOLN VS NEAREST NEIGHBOURS) AS OF 2021

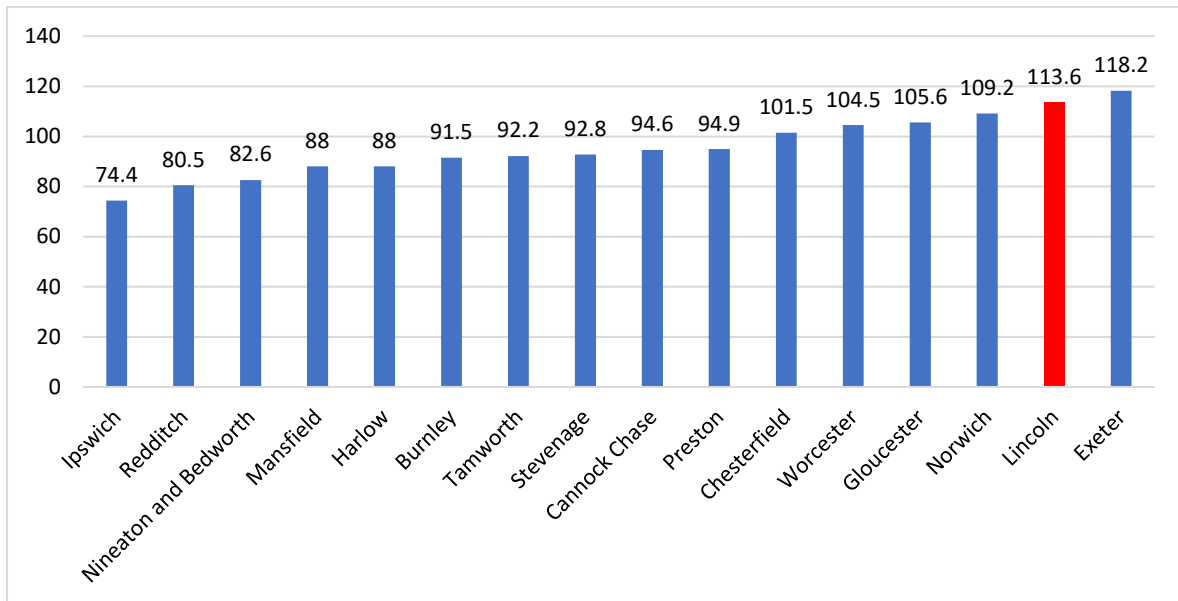


Figure 28

[Source - ONS 2024](#)

Figure 28 shows that Lincoln has the 2nd highest physical activity score amongst its nearest neighbours, at 113.6 when measured against the England average baseline of 100. The lowest CIPFA neighbour is Ipswich with 74.4.